## Troop 20/20 Camp-out Supply Lists --- Do NOT lose!

| Packing for Cold Weather <ol> <li>Wool hat</li> <li>Underwear</li> <li>Insulated winter jacket / coat</li> <li>Long sleeved shirt</li> <li>Waterproof boots</li> <li>Long pants / ski pants of polyester of</li> </ol> | <ul> <li>2. Gloves / mittens</li> <li>4. Socks for each day and an extra pair</li> <li>6. Sweatshirt (wool, polyester, fleece)</li> <li>8. Bags for feet</li> <li>r wool</li> </ul> |
|--|---|
| Packing for Warm Weather   |   |
| 1. Shorts  | 2. 🔲 T-shirts   |
| 3. 🔲 Underwear for each day  | 4. 🔲 Socks for each day and an extra pair   |
| 5. 🔲 At least one pair of pants  | 6. 🔲 One Sweatshirt   |
| 7. 🔲 Extra shoes / boots   | 8. 🔲 Sunscreen  |
| 9. 🔲 Bug repellant   |   |
| 10. Bathing suit if swimming is available  |   |
| Packing for All Weather -You will need for <u>every</u> camp-out   |   |
| 1. Sleeping pad  | 2. 🔲 Sleeping bag, 0 degrees recommended  |
| 3. 🔲 25 feet of rope   | 4. 🔲 Raingear: 20/20 raincoat recommended   |
| 5. 🔲 Flashlight / headlamp   | 6. 🔲 Extra batteries  |
| 7. 🔲 First aid kit   | 8. 🔲 Compass  |
| 9. 🔲 Filled water bottle (Nalgene)   | 10. 🔲 Scout knife / matches / flint   |
| 11. Mess kit: 🗌 plate 🗌 bowl 🛛   | cup plastic silverware  |
| 12. Hygiene Pack: soap toothbrush  |   |

13. Scouting handbook

## Keep it dry:

Open a garbage bag and use it as a liner for your pack. All of your clothing will go into it to stay dry. Pack heavier clothing, such as paints, sweatshirts, heavy shirts, ski pants first, in the main compartment of your bag. This keeps the weight on your lower back. Soft items should be toward the back, to cushion your back. Pack the lighter clothing (underwear, socks, mittens, hat) in gallon Zip-lock bags in the main compartment, on top of the heavier clothing. To keep organized, put all underwear in one zip-lock, socks in another, etc. Raingear should be on top to be able to reach easily, or packed in a side pocket. Clothing should not be piling over the sides of the pack. Folding the clothing will allow it to fit better in the pack. DO NOT pack cotton clothes (jeans). Cotton absorbs water and does not dry out easily. Any and all of your gear and clothing can be packed individually in Zip-lock bags to stay dry (underwear in one zip bag, mess kit in another bag, batteries in another). Pack your sleeping bag and pad in separate waterproof bags to keep them dry. Garbage bags are flimsy and tear easily.

This first-aid kit, flashlight, and handbook should be packed in smaller pouches on the outside of the pack. There may also be a pocket for your water bottle, or a water bottle holder. It is always good to have an extra set of clothing and boots/shoes in case 'something' happens.

Only pack what is essential for the weekend. Extra gear will just make the pack heavier and hard to carry.

## Troop Camping gear:

Tents

Chef kit

Cook kit

Grill Grate

🗌 Water Jug